

March - Vegetarian

Mon	Tues	Wed	1-Thurs Veggie Tetrazzini Pasta Green beans & Carrots Fruit cup	2-Fri AIS PTO Pizza
5-Mon Winter stew Whipped Potatoes & Gravy Steamed Broccoli Cantaloupe	6-Tues Marinated and Grilled Tofu Vegetable Couscous Bananas	7-Wed Vegetable Masala Jasmine Rice Orange wedges	8-Thurs Crispy veggie Tacos Spanish rice Haricot verts Grapes	9-Fri NO SCHOOL
12-Mon Spring Break	13-Tues Spring Break	14-Wed Spring Break	15-Thurs Spring Break	16-Fri Spring Break
19-Mon Veggie and Cheddar Sandwich Mixed Veggies Honeydew Melon	20-Tues Moms Mac & Cheese Broccoli Fruit cup	21-Wed Veggie Stir Fry Asian Vegetables Jasmine Rice Pears	22-Thurs Veggie Sheppard pie Brussels sprouts Cantaloupe	23-Fri AIS PTO Pizza
26-Mon Spaghetti Winter Squash Grapes	27-Tues Grilled Veggie Pasta Couscous Pilaf Steamed Cauliflower Oranges	28-Wed Egg White Sandwich Sweet Potato Wedges Green Beans Pineapple	29-Thurs Roasted Portabella Dressing Mashed Potatoes and Gravy Apples	30-Fri AIS PTO Pizza

Student's Name: _____ Class: _____

Dietary Restrictions: _____

6 oz. (\$5.00 each) _____ OR 10 oz. (\$6.00 each) _____

Total amount: _____

ELEVATED ARTISANAL GOODS AND AUSTIN INTERNATIONAL SCHOOL CANNOT AND DOES NOT GUARANTEE THAT YOUR CHILD SHALL BE FREE FROM ALLERGIC REACTION TO ANY FOOD PROVIDED BY ELEVATED ARTISANAL GOODS, AND YOU SHALL BE SOLELY RESPONSIBLE FOR MONITORING FOR, AND PROTECTING YOUR CHILD AGAINST, ANY SUCH REACTION. NEITHER ELEVATED ARTISANAL GOODS OR AUSTIN INTERNATIONAL SCHOOL SHALL BE LIABLE FOR AND EXPRESSLY DISCLAIMS ANY AND ALL DIRECT, INDIRECT, INCIDENTAL, CONSEQUENTIAL, SPECIAL, PUNITIVE DAMAGES, AND OTHER TYPES OF DAMAGES IN ANY EVENT IN CONNECTION WITH THE FORGOING EVEN IF ADVISED BEFOREHAND OF SUCH ANY ALLERGIES THAT YOUR CHILD MAY HAVE.

I acknowledge that by placing an order food from Elevated Artisanal Goods and Austin International School involves potential exposure to ingredients that may cause allergic reactions, whether known or unknown or foreseeable. I, for myself, my child or ward, and on behalf of my or their heirs, assigns, personal representatives and next of kin, HEREBY HOLD HARMLESS Elevated Artisanal Goods and the Austin International School and their owners, members, officers, and employees from all liability for any such personal injury, disability, death or loss or damage to my child or ward, person or property to the fullest extent of the law.

April - Vegetarian

2-Mon Roasted Veggie Wrap Winter Squash Grapes	3-Tues Grilled Veggie Pasta Couscous Pilaf Steamed Broccoli Oranges	4-Wed Santa Fe Salad Sweet Potato Wedges Green Beans Pineapple	5-Thurs Veggie Stir Fry Asian Vegetables Basmati Rice Apples	6-Fri AIS PTO Pizza
9-Mon Black Bean and Cheese Soft Tacos Spanish Rice Black Beans Fruit Trio	10-Tues Veggie Pot Pie Brussels Sprouts Apple Wedges	11-Wed Veggie Burger Oven Roasted Fries Broccoli and Cauliflower Bananas	12-Thurs Spinach Lasagna Peas and Carrots Orange Wedges	13-Fri AIS PTO Pizza
16-Mon Hummus and Tomato Wrap Pasta Salad Cantaloupe	17-Tues Veggie-Chicken Patty Wrap Veggie Macaroni Salad Mix Fruit Cup	18-Wed Mushroom Fajitas Wild Rice Green Beans Grapes	19-Thurs Fettuccini Alfredo Steamed Spinach Pineapple	20-Fri AIS PTO Pizza
23-Mon April Break	24-Tues April Break	25-Wed April Break	26-Thurs April Break	27-Fri April Break
30-Mon Moms Mac and Cheese Steamed Broccoli and Cauliflower Pineapple	Tues	Wed	Thurs	Fri

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